ORANA OSHC
outside school hours care

# BEFORE AND AFTER CARE

Our before and after school routines and environments provide for individual play and learnings as well as small and large group play and learning activities. Staff program a variety of activities for children to engage in and to develop their hard and soft skills. All aspects of children's learning and development is catered for including physical, social, emotional, creative, cognitive and communication. Children's learning is dynamic and complex and the centre's environment is designed for this.

Our centre is within the grounds of Orana Catholic Primary School. Many of the schools facilities are within the centre's liscensed area, including the oval and junior playground, Hall, Library, Science and Music rooms and the undercover area.

**OUR ENVIRONMENT**

Our centre caters for both inside and outside play. We have three inside rooms that cater for arts and crafts, movie and rest time, dramatic play, doll house, pool and air hocky tables as well as an eating area. We also cater for outdoor play that consists of ball games and use of the playground. The oval space is big enough for free outdoor play.

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# BEFORE AND AFTER CARE

## FOOD AT BEFORE/AFTER SCHOOL CARE

Please be aware that at the centre, we try to promote healthy and nutritious eating and provide a variety of nutritious meals for children attending before and after school. The weekly snack menu is displayed on the notice board near the kitchen area. The menu will be changed weekly, is nutritionally balanced and reflects a wide variety of cultural cuisines.

## BEFORE SCHOOL CARE ROUTINES

| | |
|---|---|
| 6.45 AM | Centre Opens |
| 6.45 - 8.00 | Children arrive and join in activities at the centre |
| 8.00 AM | Kitchen Closed |
| 8.00 - 8.20 | Children continue with activies at the centre |
| 8.20AM | Year 1 - Year 6 Children start to pack away |
| 8.30AM | Year 2 - Year 6 Children are dismissed and walk to class |
| 8.30AM | Year 1 children walk to class with an educator |
| 8.40AM | Pre-Primary children walk to class with an educator |
| 9.00AM | Kindy and Pre Kindy children walk to class with an educator |

*Breakfast operates from 6.45am - 8.00am. Children can choose from wholemeal toast with jam, butter or Vegemite spread. Weetbix and Cornflakes are available. Alturnatively children can bring in thier own breakfast options within the allocated time frame. Breakfast is self served and we ask parents to advise staff if breakfast is required for our younger children.*

## AFTER SCHOOL CARE ROUTINES

| | |
|---|---|
| 2.45PM | Pre-Kindy and Kindy children are collected from class. On arrival to the centre children apply suncream, wash hands and sit down for afternoon tea and fresh fruit. |
| 3.05PM | Pre-Primary children are collected from class. On arrival to the centre children apply suncream, wash hands and sit down for afternoon tea and fresh fruit |
| 3.05PM | Year 1 collected from class. |
| 3.10PM | Year 2 -Year 6 walk over to the centre and signed in |
| 3.15 - 3.45 | Year 1 - Year 6 who wish to eat afternoon tea can wash their hands and sit down for a light snack |
| 3.45PM | KITCHEN CLOSED - Only fruit will be available from this time |
| 3.45 - 6.00 | Children participate in a range of indoor and outdoor activities. Quite time is provided as needed or towards the end of the session |

*The weekly menu is pinned up within in the serivce. However it will also be posted in Xplor Home each week.*


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