

BEFORE AND AFTER CARE



FOOD AT BEFORE/AFTER SCHOOL CARE

Please be aware that at the centre, we try to promote healthy and nutritious eating and provide a variety of nutritious meals for children attending before and after school. The weekly snack menu is displayed on the notice board near the kitchen area. The menu will be changed weekly, is nutritionally balanced and reflects a wide variety of cultural cuisines.

BEFORE SCHOOL CARE ROUTINES

6.45 AM	Centre Opens
6.45 - 8.00	Children arrive and join in activities at the centre
8.00 AM	Kitchen Closed
8.00 - 8.20	Children continue with activities at the centre
8.20AM	Year 1 - Year 6 Children start to pack away
8.30AM	Year 1 - Year 6 Children are dismissed and walk to class
8.30AM	PP - Kindy Children sit down for fruit and mat session
8.40AM	Pre-Primary children walk to class with an educator
9.00AM	Kindy and Pre Kindy children walk to class with an educator

Breakfast operates from 6.45am - 8.00am. Children can choose from wholemeal toast with jam, butter or Vegemite spread. Weetbix and Cornflakes are available. Alternatively children can bring in their own breakfast options within the allocated time frame. Breakfast is self served and we ask parents to advise staff if breakfast is required for our younger children.

AFTER SCHOOL CARE ROUTINES

2.45PM	Pre-Kindy and Kindy children are collected from class. On arrival to the centre children apply sunscreen, wash hands and sit down for afternoon tea and fresh fruit.
3.05PM	Pre-Primary children are collected from class. On arrival to the centre children apply sunscreen, wash hands and sit down for afternoon tea and fresh fruit
3.05PM	Year 1 collected from class.
3.10PM	Year 2 -Year 6 walk over to the centre and signed in
3.15 - 3.45	Year 1 - Year 6 who wish to eat afternoon tea can wash their hands and sit down for a light snack
3.45PM	KITCHEN CLOSED - Only fruit will be available from this time
3.45 - 6.00	Children participate in a range of indoor and outdoor activities. Quite time is provided as needed or towards the end of the session

The weekly menu is pinned up within in the service. However it will also be posted in Xplor Home each week.