



How to learn safely from home

Online Learning

HOW CAN YOU BE BEST PREPARED FOR ONLINE LEARNING AT HOME?



Things to do or think about before learning starts

- Make sure you know the online platforms you will be using for learning.
- Think about making a special space at home to work. This space needs to be safe, an area that you can focus, hear what your teacher is saying, or watch what is happening without being interrupted.
- Remember, your teacher might be able to see where you are if you are using video feature, and they will be able to hear you and see what you type.
- Don't forget to follow normal classroom code of conduct and respect your teacher, just because you are learning online the code of conduct does not change.
- If you are participating online at any time, you need to be dressed appropriately (no pyjamas) and in a suitable working space (not your bedroom).
- Because everything is now happening online, there may be some extra things you need help with. You can check out this website if you have any concerns or worries.



<https://www.esafety.gov.au/kids>

HOW ADULTS CAN HELP YOU BE A GOOD ONLINE LEARNER

Things your parents/carers or a teacher can do to help



- Normal school times and activities are a good way to continue your normal learning. That means making sure you eat and get some fresh air at recess and lunch times as normal.
- Your parents/carers might want to speak with you about making an online agreement for your normal screen time outside of school learning because you are using your device a lot.
- Your teacher will be reminding you of how to be a good online learner, such as reducing distractions, using nice words when you speak or type and having regular screen breaks.
- It is ok if your technology does not work, it is not something to get upset about. But it is a good idea to talk about a backup plan with your parents/carers.